

# SEASONS *of the* SOUL

*Finding God in every season of life*

## SPRING



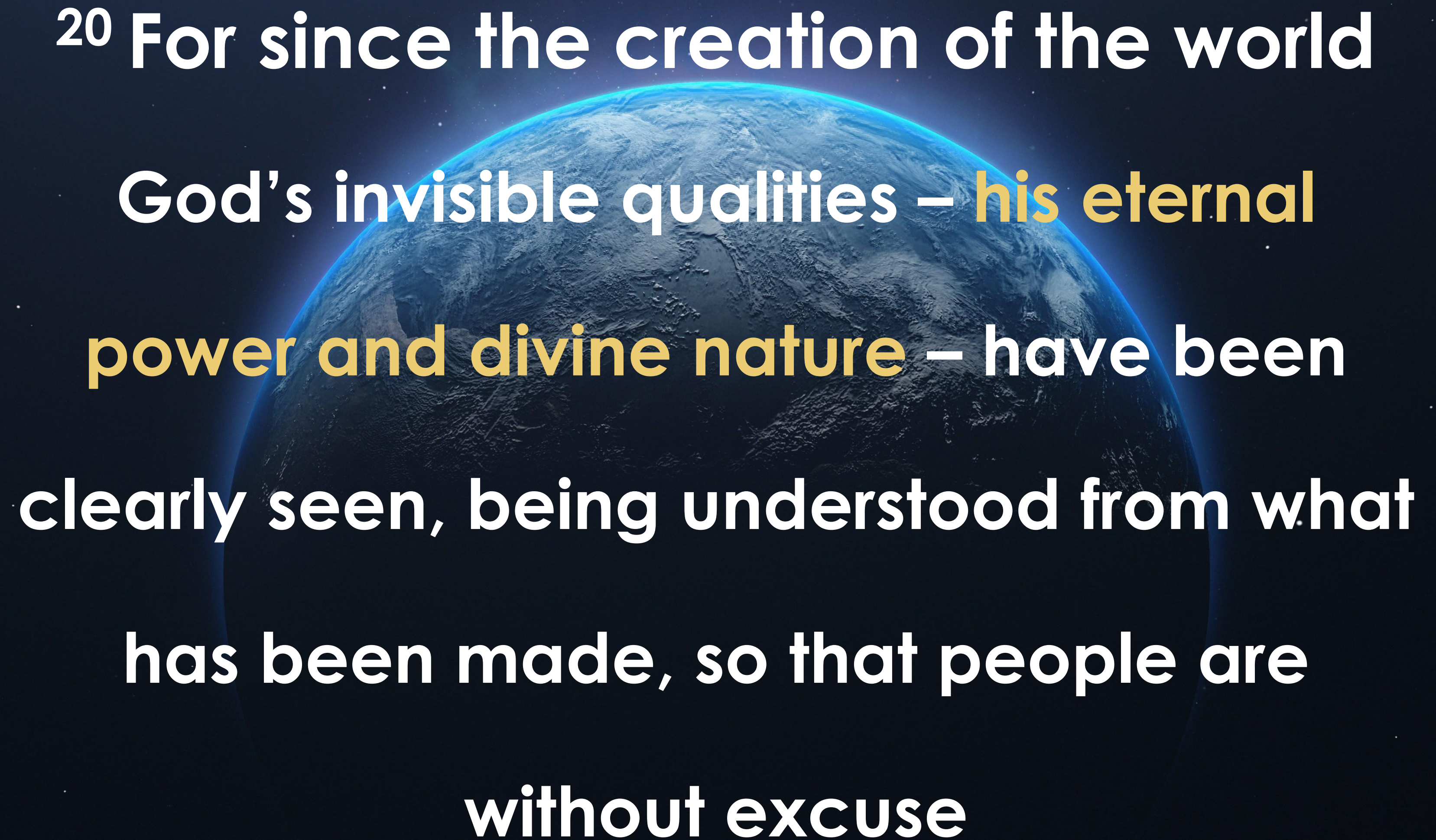












<sup>20</sup> For since the creation of the world  
God's invisible qualities – **his eternal  
power and divine nature** – have been  
clearly seen, being understood from what  
has been made, so that people are  
without excuse























But now, this is what the LORD says –  
he who created you, Jacob,  
he who formed you, Israel:

‘Do not fear, for I have redeemed you;

I have summoned you by name; you are mine.

<sup>2</sup> When you pass through the waters,  
I will be with you;

and when you pass through the rivers,



they will not sweep over you.  
When you walk through the fire,  
you will not be burned;  
the flames will not set you ablaze.

*Isaiah 43:1-2*



**Forget the former things;  
do not dwell on the past.**

**See, I am doing a new thing!**

**Now it springs up; do you not perceive it?  
I am making a way in the wilderness and  
streams in the wasteland.**

*Isaiah 43:18-19*



See! The winter is past;  
the rains are over and gone.  
Flowers appear on the earth;  
the season of singing has come,  
the cooing of doves is heard in our land.

*Song of Solomon 2:11-12*



What unexpected  
signs of God's life  
are you seeing at  
the moment?





**SEE, THE**  
**WINTER HAS**  
**PAST**



# 1. FORGET

Forget the former things;  
do not dwell on the past.





A young child with curly brown hair and a pink hair clip is sitting on a person's shoulders. The child is covering their eyes with their hands, looking directly at the camera with a curious expression. The background is a blurred outdoor setting with green foliage and a brown wall.

## 2. PERCEIVE

Now it springs up; do you not perceive it?



DO YOU NOT  
**PERCEIVE** IT?



Therefore, if anyone is in Christ,  
the new creation has come:  
the old has gone,  
the new is here!

- *2 Corinthians 5:17*



THE SEASON  
OF **SINGING**  
HAS COME.



# 3. SOWING






What seeds  
are you  
planting in  
your  
spiritual life  
at the  
moment?





A close-up photograph of a hand sowing seeds into the soil. The hand is positioned on the right side of the frame, with fingers slightly curled, releasing a stream of small, light-brown seeds into the dark, rich soil. The seeds are captured in mid-air, creating a sense of motion. The background is a blurred expanse of soil, emphasizing the focus on the sowing action.

Remember this: whoever **sows** sparingly will also **reap** sparingly, and whoever **sows** generously will also **reap** generously.

- 2 Corinthians 9:6





## Prayer

Pray for each  
person once a  
day



## Care

Act of  
kindness for  
each person  
once a week



## Share

Share Jesus  
with each  
person once a  
month



**What will you do  
this year that will  
matter in ten years  
time?**



SEE, I AM  
DOING A

NEW THING

!